

## Reading-Berks Intergroup Newsletter April 2021

ReadingBerksIntergroup.org

The Alternative is published monthly by the Reading-Berks Intergroup of Alcoholics Anonymous. Serving Districts 33, 66, and 67 of Delegate Area 59—Eastern Pennsylvania. Reach us by mail at P.O. Box 12157, Reading, PA 19612, or you can email us at <u>Alternative@ReadingBerksIntergroup.org</u>

#### HELP IS AVAILABLE 24 HOURS A DAY, 7 DAYS A WEEK CALL 610-373-6500

#### **INTERGROUP REPRESENTATIVE CONTACT INFORMATION**

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The Reading Berks Intergroup meets on the 4<sup>th</sup> Tuesday of each month at the Calvary Baptist Church, 510 Park Ave., Reading, PA at 7:30 P.M. All members of Alcoholics Anonymous are welcome and encouraged to attend.

"Responsibility Declaration"

"I am responsible. When anyone, anywhere, reaches out for help, I want the hand of AA always to be there, and for that, I am responsible."

### **Step Four**

#### "Made a searching and fearless moral inventory of ourselves."

The testimony of A.A.'s who have really tried a moral inventory is that pride and fear of this sort turn out to be bogeymen, nothing else. Once we have a complete willingness to take inventory, and exert ourselves to do the job thoroughly, a wonderful light falls upon this foggy scene. As we persist, a brand-new kind of confidence" is born, and the sense of relief at finally facing ourselves is indescribable. These are the first fruits of Step Four.

#### (Twelve Steps and Twelve Tradition pgs. 49-50)

## **Tradition Four**

#### "Each group should be autonomous except in matters affecting other groups or A.A. as a whole"

"Any two or three alcoholics gathered together for sobriety may call themselves an A.A. group provided that as a group they have no other affiliation."

This meant, of course, that we had been given the courage to declare each A.A. group an individual entity, strictly reliant on its own conscience as a guide to action. In charting this enormous expanse of freedom, we found it necessary to post only two storm signals: A group ought not do anything which would greatly injure A.A. as a whole, not ought it affiliate itself with anything or anybody else. Sobriety had to be its sole objective.

(Twelve Steps and Twelve Traditions pgs. 146-147)

## **4th Step Prayer**

God, please help me show those I resent the same tolerance, pity and patience that I would cheerfully grant a sick friend. Help me to see that this is a sick man. Father, please show me how I can be helpful to him and save me from being angry. Lord, help me to avoid retaliation or argument. I know I can't be helpful to all people, but at least show me how to take a kindly and tolerant view of each and every one. Thy will be done. Amen.

(Alcoholics Anonymous Big Book pg. 67)

A Special Thanks to the following groups for their contributions to support Reading-Berks Intergroup: River Road.

Service Commitments

#### "Become Your Home Group's Intergroup Representative (IGR)"

In areas where Intergroups have been formed such as Berks County, the AA Groups elect an Intergroup Representative and an Alternate, who participate in the monthly Intergroup business meetings with other elected Representatives. These meetings are held on the 4th Tuesday of each month at Calvary Baptist Church, <u>510 Park Avenue, Reading PA</u>. The meeting starts at 7:30 PM and is usually over by 9:00PM

#### "AA HOTLINE" Needs Volunteers

AA members with some accumulated sobriety are always needed to join up to take calls from individuals who are reaching out for one reason or another. Contact the Intergroup Hotline Chairperson at Hotline@ReadingBerksIntergroup.Org and sign up sheets are available at http://www.readingberksintergroup.org/Getting Involved.htm#HOTLINE SIGN-UP SHEET

"Bridging The Gap" – Needs Volunteers Contact Steve M. at 610-241-4158 or BridgingGap@ReadingBerksIntergroup.Org
"Bridging the Gap", P.O. Box 2332, Reading, Pa. 19608

Need Male Volunteers for the Prison Commitment Meetings are Saturday Nights from 7-8 PM

Please Contact Al S. at <u>MensPrison@ReadingBerksIntergroup.Org</u> Applications are available on the Reading Berks Intergroup Website @ <u>http://www.readingberksintergroup.org/Prison%20Volunteer%20App-2015.pdf</u>

Need Female Volunteers for Prison Commitment Meetings are Tuesday Nights from 7-8 PM Please Contact Susan W. at <u>SanLee715@gmail.com</u> Applications are available on the Reading Berks Intergroup Website @ <u>http://www.readingberksintergroup.org/2015%20PrisonVolunteerApp%20Female.pdf</u>

Events

Events will be added as they are announced. If you have any announcements or flyers for events, please send the Alternative Chair an email at <u>alternative@readingberksintergroup.org</u>

Announceme<u>nts</u>

Area 59 Response to COVID-19

In light of the above I am requesting that individual members, groups, and Districts document, record, or in anyway possible preserve the experience of this time. We are living in a unique period - an historical time – and those in the future might benefit from our experiences. It is always best to do this while going through the events as opposed to waiting until it's all over - if possible.

Some suggested topics:

- When was the last "face to face" meeting held? Why was it the last? Personal choice? Group decision? Facility decision?
- Are you holding alternative meetings? What type? If holding alternative meetings how was decision to do so made group conscience? individual decision? Etc....

I could go on and on, but I trust you get the idea. Please send any collected info to: archivist@area59aa.org

Thank you, Donald H.

You can now donate to Reading Berks Intergroup through CashApp! The \$Cashtag ID is **\$RBIntergroup** \*\*This account can only be used for 7<sup>th</sup> Tradition Contributions\*\*

#### Meeting Reopening announcements will be provided when available! Stay safe everyone!

#### "Alternative Advertisements"

All A.A. Events, Notifications, Announcements and/or Testimonies are Welcome!

Please email all requests to: <u>Alternative@ReadingBerksIntergroup.Org</u>

#### "New AA Meeting Guide Mobile App"

Free mobile app for IOS and Android. Google: <u>https://meetingguide.org/</u> Designed to be simple, fast, and help you find AA meetings

#### All are Invited to Attend: District 66 Area 59 Meeting 2nd Thursday each month at 7 - 8 PM

St. Peters UCC, Dwight St. & Curtis Rd., West Lawn, PA

# <u>Important Dates in A.A. History</u>

April 1:

**1939:** Alcoholics Anonymous AA's Big Book was published.

1940: Larry J. of Houston, wrote "The Texas Prayer", used to open AA meetings in Texas.

**1966:** Sister Ignatia died at the age of 77. She worked with Dr. Bob in treating many early AA members at St. Thomas Hospital in Akron.

1970: GSO moved to 468 Park Ave. South, NYC.

1984: 12 Coconuts Group, Kapiolani Park, Waikiki, Hawaii, was founded.

#### April 3:

**1941:** First Florida AA meeting was held. **1960:** Fr. Ed Dowling, S.J., died. He was Bill W's "spiritual sponsor."

**April 4, 1960 -** The Chicago Daily News reported that Fr. Edward Dowling, Jesuit Priest who helped start the first AA group in St. Louis, had died at age 62.

**April 7, 1941 -** Ruth Hock reported there were 1,500 letters asking for help, as a result of the Saturday Evening Post Article by Jack Alexander.

April 10, 1939 - The first 10 copies of the Big Book arrived at the office Bill shared with Hank Parkhurst in Newark, New Jersey.

April 11, 1938 - Alcoholic Foundation held its first meeting.

April 12, 1942 - The Windsor Daily Star in Ontario, Canada, reported that over 400 AA's attended a testimonial dinner for Dr. Bob.

#### April 16:

1940: A sober Rollie Helmsley caught the only opening day no-hitter in baseball history since 1909.1973: Dr Jack Norris Chairman of the AA General Service Board presented President Richard Nixon with the one-millionth copy of the Big Book at the White House.2005: Nancy Flynn (Independent Blond died in Kennett Square PA)

April 17, 1941 - 2nd group in Los Angeles, the "Hole in the Ground Group" was formed.

April 19, 1940 - First AA group in Little Rock, Arkansas, was formed.

April 22, 1940 - Bill Wilson transferred his Works Publishing Stock to the Alcoholic Foundation.

**April 23, 1940 -** Dr. Bob wrote the Trustees to refuse Big Book royalties, but Bill Wilson insisted on them for Dr. Bob and Anne.

April 25, 1951 - AA's first General Service Conference was held.

**April 26, 1939 -** Bill & Lois Wilson moved in with Hank Parkhurst after the bank foreclosed on 182 Clinton St. This was the first of over 50 moves before they acquired Stepping Stones.

**April 30, 1989 -** The film "My Name is Bill W.," a Hallmark Hall of Fame presentation, was broadcast at 9 p.m. on ABC TV.