

## Reading-Berks County Intergroup Newsletter May 2021

ReadingBerksIntergroup.org

The Alternative is published monthly by the Reading-Berks Intergroup of Alcoholics Anonymous. Serving Districts 33, 66, and 67 of Delegate Area 59—Eastern Pennsylvania. Reach us by mail at P.O. Box 12157, Reading, PA 19612, or you can email us at <u>Alternative@ReadingBerksIntergroup.org</u>

### HELP IS AVAILABLE 24 HOURS A DAY, 7 DAYS A WEEK CALL 610-373-6500

#### **INTERGROUP REPRESENTATIVE CONTACT INFORMATION**

Jen H.	Intergroup Chairperson	Chairperson@ReadingBerksIntergroup.Org
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The Reading Berks Intergroup meets on the 4<sup>th</sup> Tuesday of each month at the Calvary Baptist Church, 510 Park Ave., Reading, PA at 7:30 P.M. All members of Alcoholics Anonymous are welcome and encouraged to attend.

### "Responsibility Declaration"

"I am responsible. When anyone, anywhere, reaches out for help, I want the hand of AA always to be there, and for that, I am responsible."

### **Step Five**

### "Admitted to God, to ourselves, and to another human being the exact nature of our wrongs."

If we have swept the searchlight of Step Four back and forth over our careers, and it has revealed in stark relief those experiences we'd rather not remember, if we have come to know how wrong thinking and action have hurt us and others, then the need to quit living by ourselves with those tormenting ghosts of yesterday gets more urgent than ever. We have to talk to somebody about them.

#### (Twelve Steps and Twelve Tradition pg. 55)

Until we actually sit down and talk aloud about what we have so long hidden, our willingness to clean house is still largely theoretical. When we are honest with another person, it confirms that we have been honest with ourselves and with God.

(Twelve Steps and Twelve Tradition pg. 60)

### **Tradition Five**

#### "Each group has but one primary purpose - to carry its message to the alcoholic who still suffers"

Just as firmly bound by obligation are the members of Alcoholics Anonymous, who have demonstrated that they can help problem drinkers as others seldom can. The unique ability of each A.A. to identify himself with, and bring recovery to, the newcomer in no way depends upon his learning, eloquence, or on any special individual skills. The only thing that matters is that he is an alcoholic who has found a key to sobriety. These legacies of suffering and of recovery are easily passed among alcoholics, one to the other. This is our gift from God, and its bestowal upon others like us is the one aim that today animates A.A.'s all around the globe.

There is another reason for this singleness of purpose. It is the great paradox of A.A. that we know we can seldom keep the precious gift of sobriety unless we give it away.

(Twelve Steps and Twelve Traditions pg. 150-151)

### **5th Step Prayer**

God, please remove my fear and help me to be completely honest in what I am about to do. Please give me the courage, faith and strength I need to share with this person my whole truth, especially the things I swore I'd take with me to the grave. Amen

(Alcoholics Anonymous Big Book pg. 73)

A Special Thanks to the following groups for their contributions to support Reading-Berks Intergroup: Leesport Group, River Road, Plowville, 24 Hours a Day Group, Alpha Group, and Walk the Walk.

# Service Commitments

### "Become Your Home Group's Intergroup Representative (IGR)"

In areas where Intergroups have been formed such as Berks County, the AA Groups elect an Intergroup Representative and an Alternate, who participate in the monthly Intergroup business meetings with other elected Representatives. These meetings are held on the 4th Tuesday of each month at Calvary Baptist Church, <u>510 Park Avenue, Reading PA</u>. The meeting starts at 7:30 PM and is usually over by 9:00PM

### "AA HOTLINE" Needs Volunteers

AA members with some accumulated sobriety are always needed to join up to take calls from individuals who are reaching out for one reason or another. Contact the Intergroup Hotline Chairperson at <u>Hotline@ReadingBerksIntergroup.Org</u> and sign up sheets are available at <a href="http://www.readingberksintergroup.org/Getting">http://www.readingBerksIntergroup.Org</a> and sign up sheets are available at <a href="http://www.readingberksintergroup.org/Getting">http://www.readingberksintergroup.org/Getting</a> Involved.htm#HOTLINE SIGN-UP SHEET

"Bridging The Gap" – Needs Volunteers Contact Steve M. at 610-241-4158 or BridgingGap@ReadingBerksIntergroup.Org
"Bridging the Gap", P.O. Box 2332, Reading, Pa. 19608

### Need Male Volunteers for the Prison Commitment

Meetings are Saturday Nights from 7-8 PM Please Contact Al S. at <u>MensPrison@ReadingBerksIntergroup.Org</u> Applications are available on the Reading Berks Intergroup Website @ <u>http://www.readingberksintergroup.org/Prison%20Volunteer%20App-2015.pdf</u>

### Need Female Volunteers for Prison Commitment

Meetings are Tuesday Nights from 7-8 PM Please Contact Susan W. at <u>SanLee715@gmail.com</u> Applications are available on the Reading Berks Intergroup Website @ <u>http://www.readingberksintergroup.org/2015%20PrisonVolunteerApp%20Female.pdf</u>

## <u>Events</u>

Unity and Service Conference 2021! Tradition and Concept Focused LIVE Zoom Event! July 9- 11 2021 To register: <u>https://unityandserviceconference.org/</u> Hope to see you there! Stay tuned for announcements regarding our line-up of amazing speakers!!

Events will be added as they are announced. If you have any announcements or flyers for events, please send the Alternative Chair an email at <u>alternative@readingberksintergroup.org</u>

# <u>Announcements</u>

Area 59 Response to COVID-19

In light of the above I am requesting that individual members, groups, and Districts document, record, or in anyway possible preserve the experience of this time. We are living in a unique period - an historical time – and those in the future might benefit from our experiences. It is always best to do this while going through the events as opposed to waiting until it's all over - if possible.

Some suggested topics:

- When was the last "face to face" meeting held? Why was it the last? Personal choice? Group decision? Facility decision?
- Are you holding alternative meetings? What type? If holding alternative meetings how was decision to do so made group conscience? individual decision? Etc....

### I could go on and on, but I trust you get the idea. Please send any collected info to: archivist@area59aa.org

Thank you, Donald H.

You can now donate to Reading Berks Intergroup through CashApp! The \$Cashtag ID is **\$RBIntergroup** \*\*This account can only be used for 7<sup>th</sup> Tradition Contributions\*\*

Meeting Reopening announcements will be provided when available! If you have any announcements or flyers for events, please send the Alternative Chair an email at <u>alternative@readingberksintergroup.org</u> Stay safe everyone!

"Alternative Advertisements"

All A.A. Events, Notifications, Announcements and/or Testimonies are Welcome! Please email all requests to: <u>Alternative@ReadingBerksIntergroup.Org</u>

"New AA Meeting Guide Mobile App" Free mobile app for IOS and Android. Google: <u>https://meetingguide.org/</u> Designed to be simple, fast, and help you find AA meetings

> All are Invited to Attend: District 66 Area 59 Meeting

2nd Thursday each month at 7 - 8 PM St. Peters UCC, Dwight St. & Curtis Rd., West Lawn, PA

## Important Dates in A.A. History

May 1:

**1939** - Lois and Bill Wilson left their home at 182 Clinton St., Brooklyn.

**1941** - First Wisconsin AA meeting was held in a Milwaukee hotel.

**May 2:** 

**1941** - Jacksonville, FL, newspaper reported start of a new AA group.

**1941** - First meeting was held in San Bernardino, California.

**1941** - The first AA group in New Orleans, Louisiana, was formed.

**May 4, 1946** - Marty Mann explained Alcoholics Anonymous and the National Committee for Education on Alcoholism on the "We the People" radio show.

May 5, 1940 - Washington, DC, Sunday Star reported formation of first AA group in the D.C..

May 6:

**1939** - Clarence S of Cleveland told Dr. Bob, his sponsor, he would not be back to Oxford Group meetings in Akron and would start an "AA" meeting in Cleveland.

1946 - The long form of the "Twelve Traditions" was published in the AA Grapevine.

May 7, 1956 - The first English AA Convention was held in Cheltenham, England.

**May 8:** 

1943 - Akron AA group had its 8th anniversary celebration with 500 present and sober.

1971 - Bill Wilson was buried in private ceremony, East Dorset, Vermont.

May 11, 1939 - First group to officially call itself Alcoholics Anonymous met at Abby G's house in Cleveland.

May 12, 1935 - Mothers' Day - Bill Wilson and Dr. Bob Smith met for the first time in Akron, Ohio, at the home of Henrietta Seiberling.

### May 14:

1948 - Long Beach, California. Central Office was opened.

**1998** - Sybil C., first woman to enter A.A. west of the Mississippi, died. Her date of sobriety was March 23, 1941. Her name at the time was Sybil Maxwell, though she later opened her talks by saying, "My name is Sybil Doris Adams Stratton Hart Maxwell Willis C., and I'm an alcoholic."

May 16, 1941 - Ruth Hock learned that Joe W. (credited with coming up with the name Alcoholics Anonymous) had a "wet brain."

May 19, 2000 - Dr. Paul Ohliger died at the age of 83. His story, "Doctor, Alcoholic, Addict," was retitled "Acceptance Was the Answer," in the 4th edition.

May 22, 1948 - Atlantic City Group celebrated its second anniversary with Dr. C. Nelson Davis of St. Luke's Hospital, Philadelphia, and other A.A.s speaking.

May 28, 1974 - The first World Service meeting of AA outside of America was held in London.

May 31, 1938 - Bill and other AA's began writing the Big Book.