

The Alternative

Intergroup newsletter for the Reading-Berks County Area August 2013

ReadingBerksIntergroup.org

The Alternative is published monthly by the Reading-Berks Intergroup of Alcoholics Anonymous. Serving Districts 33, 66, and 67 of Delegate Area 59—Eastern Pennsylvania. Reach us by mail at P.O. Box 12157, Reading, PA 19612, or you can email us at

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Announcements:

CALLING ALL GROUPS!!!! Don't miss August's IGR meeting!! If you don't have an IGR send a contact!! Very Important!! GROUP HISTORIES TO BE UPDATED!!!!

District 67 Picnic---Sunday, August 18th, 2013; 12PM – 5PM St. Benedict's picnic grounds 4541 Morgantown Rd, Plowville, PA, 19540 Al-anon & AA Speakers start @ 1 PM Food—fun—fellowship—50/50 (no pets please) Covered dish welcome

My apologies to the Reading-Berks Intergroup community.....due to unforeseen computer issues I was not able to publish a June or July issue in 2013.

Reading-Berks Intergroup PICNIC—Sept 21st 2013; 12-5PM Red Bridge Park—2141 Tulpehocken Rd., Wyo. PA 19610 Food—fun—fellowship—games
Covered dish welcome

COMBINED INTERGROUPS WORKSHOP: UNITY IN SERVICE
The Intergroups and Districts that serve Area 59 for 12 step
work will be having its 2nd workshop:
December 1st 2013 @ (location TBA)
All members are welcome. So please come and join us!

D33, D66 & D67—Joint Workshop: CONCEPTS
October 6th 2013 @ location TBA
Info—fun—fellowship!!! Watch for details to come

Next Intergroup Meeting: August 27th 2013

12th Step Commitments

	Caron Adolescent		Caron Adolescent	St. Joe's Hosp. MH Unit			
Е	xtended Care – MEN	Exter	nded Care – WOMEN	3 rd FL Reed & Walnut Entrance			
	Sunday @ 7:00 PM	Sı	unday @ 7:00 PM	Mondays @ 7:30 PM			
9/1	St. Gabe's Bgnr's Mtg	9/1	Women Living Sober	9/2	Robesonia		
9/8	611 Washington	9/8	New Millenium	9/9	New Life		
9/15	Advent Men's	9/15	Nolde Forest	9/16	French Creek		
9/22	Happy Hour	9/22	St. Gabe's Bgnr's Mtg	9/23 Robesonia			
9/29	Time to Start Living	9/29	WSRG	9/30 Shoey			
W	ernersville State Hosp.	R	eading Detox Unit	**** ALL NEW *****			
	See Guard in Building 34	Tu	uesday @ 8:00 PM	Reading Spruce Pavilion			
	Monday @ 7:00 PM		SECTION OF THE SECTION	Wednesday 7:00 PM			
9/2	**HOLIDAY***	9/3	Nolde Forest	9/4	Alpha Happy Hour		
9/9	ScottOley	9/10	Walk the Walk	9/11	611 Washington		
9/16	Robesonia	9/17	New Millenium	9/18	Oley		
9/23	Sun AM Spkrs	9/24	Alpha	9/25	New Life		
9/30	Time to Start Living						
			Caron Foundation				
	Reading Detox Unit		oung Adult Female	9			
	Thursday @ 8:00 PM		Friday @ 7:00PM	ita sal			
9/5	Congo	9/6	Sec & Inches				
9/12	Leesport	9/13	Women Living Sober				
9/19	Lang o/t Heart	9/20	Walk the Walk	.536			
9/26	Hilltop	9/27	Walk the Walk				
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STEP 8: Made a list of all persons we had harmed, and became willing to make amends to them all "

Tradition 8 Long Form

Alcoholics Anonymous should remain forever non- professional. We define professionalism as the occupation of counseling alcoholics for fees or hire. But we may employ alcoholics where they are going to perform those services for which we might otherwise have to engage nonalcoholics. Such special services may be well recompensed. But our usual A.A. Twelfth Step work is never to be paid for

Did you ever fantasized how much money you can make doing 12 step work?

I reviewed the tradition checklist the first question asks is my own behavior accurately described by the traditions? If not, what needs changing?

Here is a good inventory of myself. I work as a service manager in the automobile business, so I work with people. These people are customers; my employer wants me to call them guests. All well and good but the next time a guest comes into my house do I charge them for a glass of ice tea? Answer, no.

I cannot address the guys I sponsored and the people in AA the same way I address the people that work for me or my customers because there are business transactions involved.

The people I serve in AA are not clients.

Another question to ask oneself is do I realize how my attitude toward the traditions affect others?

Do I play "A.A. Tradition cop?" That won't help anybody at all; it just pushes them away.

Do I disregard the Traditions as nonsense which misguides newcomers and visitors to A.A., or anyone not familiar with our Traditions. As a side note it is wonderful learning to apply the spiritual principles into my life.

Money is not the only reward one might seek. I myself have gotten caught up in the reward of recognition for my personal AA efforts. It hurt others badly and turned some away from AA

Do you sound like an AA expert on alcoholism, recovery, psychology, spiritual matters? Yes I do get caught up in that; it is something I must ask God to guard against.

AA does have employees, we need office workers, janitors, people to make 12 step work possible I must strive to understand this and it is not easy to wrap my head around.

Other questions to ask. In my own AA life, have I any experience which illustrates the wisdom of this tradition? Have I paid enough attention to the book 12 Steps and 12 Traditions? Or to the pamphlet AA Tradition-How It Developed?

Concept VIII:

The Trustees of the General Service Board act in two primary capacities: (a) With respect to the larger matters of over-all policy and finance, they are the principal planners and administrators. They and their primary committees directly manage these affairs. (b) But with respect to our separately incorporated and constantly active services, the relation of the Trustees is mainly that of full stock ownership and of custodial oversight which they exercise through their ability to elect all directors of these entities.



Reading-Berks Intergroup Picnic

Sept 21, 2013

12 Noon –5pm

Please bring a covered dish, donations accepted!!!

Food/Games/Fellowship/Fun

Location: Red Bridge Park - 2141 Tulpehocken Rd., Wyo., PA 19610

Directions from Route 12:

Take 422W/Warren St Bypass to Paper Mill Road exit. At the end of the ramp, continue straight. At the next light (Berkshire Blvd) turn right. Take this until the road ends. Turn left onto Tulpehocken Road. Go approximately 1.5 miles and the Red Bridge Recreation Area entrance will be on the right (if you get to the Red Covered Bridge, you have gone too far.)

From Route 222.

Take Broadcasting Road exit. Follow signs for Penn State Berks Campus, you will come to a stop sign (3 way intersection) at the bottom of Broadcasting Road. Turn left at stop sign onto Tulpehocken Road. The park entrance is approximately .5 mile on the right (if you get to the Red Covered Bridge, you have gone too far.)



DISTRICT 67 PICNIC

Sunday August, 18th 2012 12 PM – 5 PM

St. Benedicts picnic grounds

4541 Morgantown Rd. Plowville, PA, 19540

AL-ANON & AA SPEAKERS START AT 1 PM

FOOD, FUN, FELLOWSHIP..... 50/50 RAFFLE.....

HOT DOGS & HAMBURGERS PROVIDED

BRING YOUR OWN COVERDED DISH TO SHARE

VOLUNTEERS TO HELP SET-UP GREATLY APPRECIATED, ARRIVE BY 10 AM

NO PETS PLEASE

Officer	Service Position	E-Mail Address
Mic M.	Intergroup Chairperson	Chairperson@ReadingBerksIntergroup.Org
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MORE ABOUT ALCOHOLISM

K	K	D	R	I	N	K	E	R	U	P	0	T	H	D	D	J	0	S	F	INSANITY THRESHOLD
Α	D	G	E	5	N	E	F	E	D	G	H	L	E	Q	F	G	M	U	0	ADMIT PROPHESIED
J	Α	У	W	A	L	K	I	N	G	D	A	L	M	A	Z	0	5	D	0	ILLUSION TRIVIAL
٧	U	٧	٧	X	X	5	A	E	D	I	U	H	N	Z	T	0	E	٧	L	DELUSION SNUFFED
Α	F	R	K	Т	В	C	В	I	٧	5	Z	Y	F	P	X	M	A	B	I	DEMORALIZATION CONVICTION
I	F	R	E	M	E	D	y	I	I	Q	U	A	M	Y	0	A	S	P	5	ILLNESS PRINCIPLES
N	L	L	0	L	W	D	R	0	I	٧	S	У	Z	R	У	L	E	В	H	DRINKER DEFENSE
F	C	F	Q	Q	G	T	N	M	U	C	5	M	A	L	E	C	L	T	Z	INFINITUM
I	L	L	N	E	S	5	T	D	W	W	W	L	M	D	K	0	P	T	D	ALCOHOLIC
N	У	Т	E	I	R	В	0	S	E	5	I	P	E	P	S	H	I	Q	N	SYMPTOMS
I	E	P	K	У	N	Z	L	M	0	Z	Z	F	У	H	I	0	C	L	0	SOBRIETY
T	Н	R	E	S	H	0	L	D	A	C	F	٧	X	Z	H	L	N	H	I	BAFFLING
U	C	0	A	E	X	L	W	T	У	U	P		S	Y	W	I	I	M	T	WHISKEY
M	X	P	В	J	Z	У	I	Z	N	G	X	Q	Q	F	5	C	R	H	C	MILK
C	E	H	J	R	T	0	G	S	N	0	I	S	U	L	L	I	P	X	I	ASYLUM
G	٧	E	R	J	N	X	P	G	H	D	I	N	5	A	N	I	T	Y	V	DRUNK
K	A	5	У	L	U	M	N	У	I	В	٧	E	L	C	C	I	В	V	N	FOOLISH
L	5	I	W	K	T	T	I	M	D	A	Α	٧	X	U	U	U	I	У	0	JAYWALKING
I	U	E	У	K	N	U	R	D	R	W	P	Q	D	F	Q	X	N	K	C	IDEAS
AA	P	D	N	F	N	J	В	A	F	F	1.	I	N	G	X	H	P	H	N	REMEDY

Victor E. (Aug 1970)







