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# The Alternative

Intergroup newsletter for the Reading-Berks County Area  
March 2012

[www.ReadingBerksIntergroup.org](http://www.ReadingBerksIntergroup.org)

The Alternative is published monthly by the Reading-Berks Intergroup of Alcoholics Anonymous.  
Serving Districts 33, 66, and 67 of Delegate Area 59—Eastern Pennsylvania. Reach us by mail at  
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## Announcements:

**Frog Pond Group is MOVING: join us at our NEW location FRIDAYS @ 7pm @ Bern Evangelical Lutheran Church→ 820 West Leesport Rd., Leesport, PA 19533**

**Share-a-day: May 6, 2012 –Joint workshop with Area, Intergroup and District 33, 66, & 67!! Great info, fellowship & (hopefully) food—stay tuned for 1st planning meeting: MARCH 25TH @ 2900 GRANDVIEW BLVD. 1:00 PM**

**Circle of Hope Round-Up: May 18<sup>th</sup> - 20<sup>th</sup> Speakers Conference here in the Reading Area—registrations NOW available!! For updated times & information see [www.CircleofHopeRoundup.com](http://www.CircleofHopeRoundup.com)**

**NEW MEETING: “Seconds and Inches” will be meeting Sunday nights @ 5PM at Wyomissing Church of the Brethren 2200 State Hill Rd. Reading PA 19610 (starting February 19<sup>th</sup>) This is a CLOSED meeting, so you all should know the requirements (if you don’t—ask!)**

**Next Intergroup Meeting: March 27<sup>th</sup>, 2012**

***\*\*Reading Intergroup has no outside affiliations. We exist as a central office to serve Alcoholics Anonymous groups in the Reading area\*\*ALL MEMBERS ARE WELCOME TO ATTEND INTERGROUP MEETINGS. Meetings are held on the 4<sup>th</sup> Tuesday of each month, at 7:30pm, at Calvary Baptist Church 510 Park Ave. (intersection of Grace & Park). See your group's representative for Intergroup meeting minutes. See you at the NEXT MEETING!!!!!!!!!!!!!!!!!!!!!!***

## 12<sup>th</sup> Step Commitments

Caron Adolescent Extended Care – <b>MEN</b> Sunday @ 7:00 PM		Caron Adolescent Extended Care – <b>WOMEN</b> Sunday @ 7:00 PM		St. Joe's Hosp. MH Unit 3 <sup>rd</sup> FL Reed & Walnut Entrance Mondays @ 7:30 PM	
3/4	Reading BB SS	3/4	Women Living Sober	3/5	611 Washington
3/11	YASNY	3/11	Wilshire	3/12	Alpha
3/18	Hamburg BB	3/18	Courage to Change	3/19	Nolde Forest
3/25	Lang of Heart Spkn Here	3/25	Women Living Sober	3/26	Reading BB SS
4/1	Lifeline	4/1	Oley	4/2	611 Washington
Wernersville State Hosp. See Guard in Building 34 Monday @ 7:00 PM		Reading Detox Unit Every OTHER Tuesday Tuesday @ 8:00 PM		Reading Detox Unit Thursday @ 8:00 PM	
3/5	Leesport	3/6	Walnut St. Recovery	3/1	Twin Valley
3/12	Shoey	----	-----	3/8	Oley
3/19	Jim M	3/15	Sober @ 6	3/15	Walnut St. Recovery
3/26	Advent Men's Grp	----	-----	3/22	Hilltop
4/2	Jacksonwald	4/3	Time to Start Living	3/29	Congo
				4/5	Leesport
Caron Foundation Young Adult <b>Female</b> Friday @ 7:00PM					
3/2	Reading BB SS				
3/9	New Millenium				
3/16	Women Living Sober				
3/23	Sat Morn. Women's				
3/30	Sat Morn Women's				
4/6	New Millenium				

### Faith

Step Three: Made a decision to turn our will and our lives over to the care of God as we understood Him.

I had no where else to turn, I was leading a life of self-will, pushing through all my affairs like a stampeding bull in a china shop, leaving behind a wake of devastation that I could no longer live with.

Abruptly that stopped---by making a commitment to turn my will and my life over to the care God. Don't get me wrong; I didn't give up that gracious gift of free will that He created me with! That would seem to be against His nature and thus He couldn't accept it.

I was surrendering my self, everything, all of me. This gave me enough faith to know that HE will care for me.

Tradition Three: The only requirement for A.A. membership is a desire to stop drinking in our group conscience. Hence we may refuse none who wish to recover.



### Member's corner:

I have been carrying the message to the prison for over 4 years now. I go every Monday to Berks County Prison. Over the last year I have been working with a group of about 8 guys who come regularly. The meetings have gone from speaker meetings to discussion meetings. I have gotten to know these guys and help some of them transition into AA outside the prison. Talk about a blessing. I look forward to going to the prison every Monday and the guys look forward to seeing me. They know there is a place to go if they want help and more so they know that there are people who really do care when it seems like everyone else has written them off. As a result of AA I get to be a light up ahead for those who only saw darkness.

How cool is that ?!!!

Henry H.

### Helpful Hints

~~Sometimes silence is the best answer

~~Pride goeth before the fall;  
the fall is not the problem, the sudden stop is

~~It always helps to tell a friend how bad you feel—God

~~Humility works everywhere;  
Aggression only works in a bar fight

~~If you would like to see your inward growth,  
measure yourself at the end of the day

~~If you're not sure if you can help others....  
Practice on yourself

~~If you choose to live in the past,  
Remember it accurately

-- Mike C.

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 conceptthree  
 alcoholism  
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Victor E. (May 1967)

